Undergrad to Grad School Pathway

Please note that this is a rough guide with a best scenario timeline.

First Year

- Test out the waters: see what courses interest YOU the most
- Plan your courses to meet grad program requirements

GREs

- If GREs are needed, start early
- Some schools may ask for a GRE Psychology Subject test which are only offered twice a year
- Take a practice GRE test to determine how much preparation you'll need for the real deal

Fall of the Application Year

- Sept/Oct: email your references the earlier the better!
- Oct/Nov: finalize schools, programs and Pls you wish to apply to and send your GRE scores, if required
- For research and clinical programs: apply to Tri-Council Funding
- Nov/Dec: Submit!

1-3 Years Before Applying

- Volunteer in labs, community organizations, clinics, shelters, get out there!
- Academic experience: do a thesis, attend/present a poster at a conference
- Attend grad school workshops - check out MAPS resources

Prepping for the application

Summer to early September of the application year:

- Research schools, programs and contact prospective Pls to see if they are taking on students this year
- Start working on your personal statement

Gap Year

If you do not get in your desired program the first time around, NO PANIC!

Take a "gap" year to build your CV and apply again!